

Calhoun County Schools

Elementary Lunch

November 2014

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 3 Pork Roast Potatoes, Roasted Broccoli Glazed Carrots Toasted Bun Pears Milk Choice	Nov - 4 Cheesy Chicken & Ric Fried Okra Romaine Spinach Sala Ranch Dressing Sliced Peaches Breadstick WW Milk Choice	Nov - 5 Hotdog Baked Beans Creamy Coleslaw Mixed Fruit Brownie, WG Milk Choice	Nov - 6 Taco With Chips Cheddar Cheese, Shre Pinto Beans WK Corn Romaine Spinach Sala Ranch Dressing Tomatoes Chilled Pineapple Milk Choice	Nov - 7 Chicken Nuggets Green Beans Mashed Potatoes Breadstick WW Apple Milk Choice
Nov - 10 Fish Nuggets Corn Nuggets Creamy Coleslaw Green Beans Mandarin Oranges Milk Choice	Nov - 11 Veterans' Day	Nov - 12 Chicken Penne Glazed Carrots Chilled Pineapple Belly Bears WG Choc Milk Choice	Nov - 13 Corndog Baked Beans Chopped Romaine Ranch Dressing Sliced Peaches Milk Choice	Nov - 14 Crispito Cheddar Cheese, Shre Pinto Beans WK Corn Chopped Romaine and Ranch Dressing Apple Milk Choice
Nov - 17 Chix Sandwich Baked Beans Baked Sweet Potato Mixed Fruit Brownie, WG Milk Choice	Nov - 18 Spaghetti WK Corn Romaine Spinach Sala Ranch Dressing Sliced Peaches Breadstick WW Milk Choice	Nov - 19 Hamburger Potatoes, Rds/Tots Glazed Carrots Pears Milk Choice	Nov - 20 Pizza, Pepperoni 4X6, California Vegetables Romaine Spinach Sala Ranch Dressing Marinara Sauce Breadstick WW Chilled Pineapple Milk Choice	Nov - 21 Thanksgiving Dinner
Nov - 24 Chicken and Noodles Black Eye Peas Glazed Carrots Cornbread WW Apple Milk Choice	Nov - 25 Early Dismissal Sack Lunch Milk Choice	Nov - 26 Thanksgiving Holiday	Nov - 27 Thanksgiving Holiday	Nov - 28 Thanksgiving Holiday

This institution is an equal opportunity provider

Menu subject to change

Meals must have 1/2 cup fruit or vegetable and at least 2 other choices (meat, bread/grain or milk) as part of the Offer vs Serve Program.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.